

Greetings and Blessings!

Thank you for scheduling your health sessions. I am honored to work with you, grateful for your trust, and look forward to sharing your journey!

A "Health Session Application" for you to complete and sign is a part of this package. Please bring the application to your first appointment. Also, for your careful review is "After your health session."

Begin your healing now with clear intentions, belief in your ability to heal yourself, and belief in your wellness goals. It is important you make a commitment to you and believe and trust you can achieve the wellness in your life you desire and deserve! Trust you can create anything you wish!

Your first appointment will be approximately one hour. Follow up appointments are 45 minutes to an hour.

Please dress comfortably and do not schedule any activities other than that which brings you joy, for at least two hours after the conclusion of your health sessions.

Also, please refrain from alcohol or recreational drugs for at least 24 hours and do not schedule additional energy work for at least 3 days following your health sessions. Your body needs time to adjust and acclimates.

Celebrate the presence of your Divine Light and Love, and ask for the highest action possible according to Grace and the Divine beginning Now and for each session.

As you read this, please give your Angels permission to work with me for your highest good. Quite often, the healing process will begin once you have scheduled an appointment. Please do not be surprised should you feel emotions arising, body dis-comfort or other intensities a day or so prior to your appointments. All is perfectly normal. With love and light and heartfelt joy,

*Rob Wergin*